

Monday

Tuesday

Wednesday

Thursday

Friday

MAIN  
MEAL



OPTION  
1

OPTION  
2

Cheese & Bean  
Lasagne



Margherita  
Pizza & Wedges



Vegan Lentil & Stuffing  
Pastry Roll



BBQ Quorn & Peppers  
& Rice



Vegan Vegetable Nuggets  
& Chips



Sticky Chinese Chicken  
& Vegetable Rice

Traditional Creamy  
Beef Lasagne



Roast Gammon with  
Roast Potatoes & Gravy

Chicken in a Katsu Curry  
Sauce & Rice



MSC Approved Fish  
Fingers & Chips

Carrots  
& Peas



Broccoli



Roasted  
Carrots & Parsnips



Peas



Beans



Cheese  
Sauce



House Tomato  
Sauce



Cheese  
Sauce



House Tomato  
Sauce



Creamy  
Pesto



Ham  
Cheese

Chicken  
Egg

Ham  
Cheese

Tuna Mayo  
Cheese

Egg  
Cheese

**AVAILABLE EVERY DAY** Our crunchy colourful salad & jacket potatoes with cheese, beans, tuna mayo or cheese and beans

SWEET  
TREATS



Blueberry  
Cookie Bar



Chocolate &  
Banana Brownie



Strawberry Yoghurt &  
Strawberry Sauce



Apple &  
Cocoa Sponge



Raspberry  
Jelly



Desserts available every day - a choice of jelly, fruit or yoghurt

**KEY**

Nutritionist's Choice



Vegetarian



Vegan



Added Wholewheat



# MENU WEEK 2

SERVED W/C: 3<sup>rd</sup> Nov | 24<sup>th</sup> Nov | 15<sup>th</sup> Dec | 5<sup>th</sup> Jan | 26<sup>th</sup> Jan  
| 16<sup>th</sup> Feb | 9<sup>th</sup> Mar | 30<sup>th</sup> Mar | 20<sup>th</sup> Apr

Cucina IFG

Monday

Tuesday

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Thursday

Friday

MAIN  
MEAL



OPTION  
1

OPTION  
2

Margherita  
Pizza & Wedges



Vegan Sausage & Mashed  
Potatoes & Gravy



Vegan Cottage Pie  
& Gravy



Cheesy Cauliflower  
Pasta Bake



Tex-Mex Vegetable  
Fajita Wrap



MSC Approved  
Salmon Pasta Bake



Pork & Beef Sausage,  
Mashed Potatoes & Gravy

Roast Turkey with Roast  
Potatoes & Gravy

Mild Caribbean Chicken  
Curry & Carrot Rice



MSC Approved  
Fish & Chips

VEGGIES



Peas



Carrot  
& Peas



Broccoli &  
Cauliflower

Carrot &  
Mixed Salad



Baked Beans



PASTA



Cheese  
Sauce



House Tomato  
Sauce



Cheese  
Sauce



House Tomato  
Sauce



Creamy  
Pesto



FILLED  
ROLLS



Tuna Mayo  
Cheese

Chicken  
Egg

Ham  
Cheese

Tuna Mayo  
Cheese

Egg  
Cheese

AVAILABLE EVERY DAY

Our crunchy colourful salad & jacket potatoes with cheese, beans, tuna mayo or cheese and beans

SWEET  
TREATS



Strawberry  
Mousse



Oaty Apple  
Crumble & Custard



Original  
Flapjack



Chocolate &  
Carrot Muffin



Raspberry Jelly &  
Mandarins



Desserts available every day - a choice of jelly, fruit or yoghurt

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Nutritionist's Choice



Vegetarian



Vegan



Added Wholewheat



	Monday	Tuesday	Wednesday	Thursday	Friday
<b>MAIN MEAL</b>	<b>OPTION 1</b> Mixed Vegetable & Bean Fajita & Oven Baked Wedges	Vegetarian Chilli Nacho Bake & Rice	Vegan Roast Quorn Fillet with Roast Potatoes & Gravy	Baked Creamy Mac 'N' Cheese	Vegan Sausage Roll & Chips
<b>OPTION 2</b>	Chicken & Spinach Pasta Bake	Mild Beef Chilli & Rice	Roast Chicken with Roast Potatoes & Gravy	Creamy Chicken Curry & Carrot Rice	MSC Approved Fish Fingers & Chips
<b>VEGGIES</b>	Peas & Carrots	Sweetcorn	Broccoli & Peas	Carrot & Mixed Salad	Beans
<b>PASTA</b>	Cheese Sauce	House Tomato Sauce	Cheese Sauce	House Tomato Sauce	Creamy Pesto
<b>FILLED ROLLS</b>	Ham Cheese	Chicken Egg	Ham Cheese	Tuna Mayo Cheese	Egg Cheese

**AVAILABLE EVERY DAY** Our crunchy colourful salad & jacket potatoes with cheese, beans, tuna mayo or cheese and beans

<b>SWEET TREATS</b>	Strawberry Yoghurt & Strawberry Sauce	Mixed Berry & Apple Crumble with Custard	Orange Jelly & Mandarins	Gingerbread Squares with Custard	Garden Brownie
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Desserts available every day - a choice of jelly, fruit or yoghurt

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Nutritionist's Choice

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Vegan



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